

## Preliminary LAMposium Schedule

**Thursday, April 30, 2020**

**4:00 p.m. - 9:00 p.m. – Registration**

**4:00 - 7:00 p.m. – Outside Madisonville Ballroom A & B**

**LAMposium Mentor Program Meetup**

**Remembrance Room – Mt. Auburn A**

**6:00 – 7:00 pm – Mt. Healthy**

**Book Signing & Celebration - “Breathe, Just Breathe: A Portrait Book” - Jen Fujikawa and Patients**

**7:00 - 9:00 p.m. – Madisonville Ballroom A & B**

**Conference Opening and Welcome Mixer**

**Friday, May 1, 2020**

**7:00 a.m. - 6:00 p.m. Registration**

**7:00 - 7:45 a.m. – Fitness Room**

**Low Impact Zumba – Belinda Romney, LAM Liaison**

**7:00 - 8:45 a.m. Combined Breakfast**

**8:00 - 8:45 a.m. – Market A**

**LAMposium Mentor Program Meetup**

**Research Area – Hallway**

**Remembrance Room – Mt. Auburn A**

9:00 a.m. - 11:00 a.m. - Gallery

**Opening Celebration**

Sue Sherman, MHA, and Sharlene Dunn, LAM Liaison Program Coordinator

**11:00 - 11:15 a.m. BREAK**

**11:15 a.m. to 12:15 p.m.**

**Optimizing Your Health Through Nutrition**

Brent Beasley, MD

*Mt. Adams*

**11:15 a.m. - 12:15 p.m.**

**LAM 101: Partnering with My Physicians**

George Pappas, MD

*Mt. Lookout*

*Not programmed*

**12:00 - 1:30 p.m. Combined Lunch**

**12:00 - 1:15 p.m. LAM Liaison Lunch**

*Mt. Healthy*

**12:45 p.m. - 1:30 p.m. – Market A**

**LAMposium Mentor Program Meetup**

**1:30 - 2:20 p.m.**

**Quality of Life**

Jeff Swigris, DO

*Mt. Adams*

**1:30 - 2:20 p.m.**

**Understanding Your Test Results**

Maryl Kreider, MD

*Mt. Lookout*

*Not programmed*

**2:30 - 3:30 p.m.**

**Advancements in Lung Imaging: Panel Discussion**

Michael Evans, PhD, Carmen Priolo, MD,

PhD, Chase Hall, MD, Adrienne

Campbell-Washburn, PhD

*Mt. Adams*

**2:30 - 3:30 p.m.**

**The Art of Caregiving: Caring for Yourself While Caring for Your Loved One**

Jose Picart, PhD, and Sidney Taylor

*Mt. Lookout*

**2:30 - 3:30 p.m.**

**Chair Zumba**

Belinda Romney, LAM Liaison

*Fitness Room*

**3:30 - 3:45 p.m. BREAK**

**3:45 - 5:00 p.m.**

**Sexual Health, Menopause & LAM**

Lisa Larkin, MD and Patients TBD

*Mt. Adams*

**3:45 - 5:00 p.m.**

**Home Functional Fitness for the LAM Patient**

Beth Brown, PT, PhD

*Fitness Room*

**3:45 - 5:00 p.m.**

**Spouse and Partner Happy Hour**

Jose Picart, PhD, Sid Taylor

*Library*

**6:30 p.m. – 8:30 p.m. Friday Awards Banquet - Gallery**

## Saturday, May 2, 2020

7:00 a.m. - 7:45 a.m. – Fitness Room <b>Chair Zumba</b> Belinda Romney, LAM Liaison	<i>Not Programmed</i>	<i>Not Programmed</i>
7:00 - 8:45 a.m. <b>Combined Breakfast</b>		
8:00 - 8:45 a.m. – Market A <b>Book Signing</b> Jen Fujikawa & Patients		
<b>Research Area - Hallway</b>		
<b>Remembrance Room - Mt. Auburn A</b>		
8:45 to 10:00 a.m. <b>Rapamycin: From Fruit Flies to Easter Island, and MILES in Between</b> Robert Kotloff, MD <i>Mt. Adams</i>	8:45 to 10:00 a.m. <b>Are You Thriving or Surviving? How Mindfulness and Movement Can Help Restore Ease</b> Stacy Sims <i>Mt. Lookout</i>	<i>Not programmed</i>
10:00 a.m. – 10:15 a.m. <b>BREAK</b>		
10:15 to 11:15 a.m. <b>From Biopsies to Pleurodesis: Understanding Surgical Interventions for LAM</b> Charlie Strange, MD <i>Mt. Adams</i>	10:15 to 11:15 a.m. <b>Traveling With LAM: A Panel Discussion</b> Maryl Kreider, MD, Sarah Poitras, LAM Liaison, Pat Rubadeau, PhD <i>Mt. Lookout</i>	10:15 to 11:15 a.m. <b>Roundtables</b> <b>Rapamycin Mt. Healthy Nutrition</b>  <b>PFTs - Mt. Airy</b> <b>Oxygen Advocacy &amp; Regulatory Panel</b>
11:30 to 12:20 p.m. <b>Help Us Power the Mission: Fundraising, Volunteering and Making Connections</b> Sue Sherman, MHA, CEO, The LAM Foundation <i>Mt. Adams</i>	11:30 to 12:20 p.m. <b>Disability &amp; LAM: Advocating for Yourself</b> Speaker TBD, Elizabeth Hardy, LAM Patient <i>Mt. Lookout</i>	10:15 to 11:15 a.m. <b>Roundtables</b> <b>NIH Protocol - Mt. Healthy Clinical Trials &amp; Research</b>  <b>Wellness - Mt. Airy</b> <b>Benefits of Exercise Study</b>
12:00 to 1:30 p.m. <b>Combined Lunch</b>		
1:30 to 2:45 p.m. <b>Scientific Discussion Panel</b> Panelists TBD <i>Mt. Adams</i>	1:30 to 2:45 p.m. <b>Session TBD</b>	<i>Not programmed</i>
2:45 – 3:05 p.m. <b>BREAK</b>		
3:05 to 4:00 p.m. <b>Wrap-up Q&amp;A for the Newly Diagnosed and their Families</b> Steve Ruoss, MD <i>Mt. Adams</i>	3:05 to 4:00 p.m. <b>Lung Transplantation: Life Lessons from the Circle of Hope</b> Dan Dilling, MD, Sharlene Dunn, COH Program Coordinator, & Panelists <i>Mt. Lookout</i>	3:05 to 4:00 p.m. <b>Portable Oxygen Demonstration</b> Susan Jacobs, RN, MS and Patients TBD <i>Mt. Healthy</i>
4:15 – 4:50 p.m. <b>Book Signing</b> Jen Fujikawa & Patients <i>Mt. Healthy</i>	4:15 to 4:50 p.m. <b>Circle of Hope Roundtable Discussion</b> <i>Mt. Lookout</i>	4:15 to 4:50 p.m. <b>Restorative Meditation</b> Stacy Sims <i>Fitness Room</i>
4:50 – 6:00 p.m. <b>BREAK</b>		
<b>6:00 p.m. to Midnight – Breath of Hope Gala and 25<sup>th</sup> Anniversary Celebration</b>		

## Sunday, May 3, 2020

7:00 to 9:30 a.m. <b>Breakfast</b>
9:00 to 10:00 a.m. - <i>Madisonville Ballroom B</i> <b>Research Conference Summary and Panel Discussion for Patients and Family</b> Lisa Henske, MD & Greg Downey, MD

**SEE YOU IN 2021!**